



HOLYOKE PUBLIC SCHOOLS  
HIGH SCHOOL  
BREAKFAST MENU FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 serving of each:</b> Milk Juice/Fruit/Veg <b>1 of each or 2 of:</b> Grains/Bread Meat/Meat Alternate		<b>2/1</b> Baked Breakfast Stuffer Chilled Juice	<b>2/2</b> Scrambled Eggs w/ ½ toasted English Muffin Seasonal Fresh Fruit	<b>2/3</b> Maple Glazed French Toast Sticks Turkey Sausage Links Chilled Juice
<b>2/6</b> Toasted Bagel w/ Cream Cheese Sausage Patty Chilled Fruit	<b>2/7</b> Whole Grain Breakfast Pizza Seasonal Fresh Fruit	<b>2/8</b> Mini-Pancakes w/ Syrup Turkey Sausage Chilled Juice	<b>2/9</b> Baked Breakfast Stuffer Chilled Juice	<b>2/10</b> Egg, Ham & Cheese Melt on English Muffin Seasonal Fresh Fruit
<b>2/13</b> Oatmeal w/ Brown Sugar Cheese Stick Chilled Juice	<b>2/14</b> Baked Waffle Sticks w/ Syrup Sausage Link Seasonal Fresh Fruit	<b>2/15</b> Egg & Cheese Melt on a Biscuit Chilled Fruit	<b>2/16</b> Mini-Pancakes with warmed Blueberry Topping Turkey Sausage Links Chilled Fruit	<b>2/17</b> Cheese Omelet Graham Crackers Chilled Juice
<b>2/20</b>  <b>WINTER            VACATION</b>	<b>2/21</b>  <b>NO            SCHOOL</b>	<b>2/22</b>  <b>WINTER            VACATION</b>	<b>2/23</b>  <b>NO            SCHOOL</b>	<b>2/24</b>  <b>WINTER            VACATION</b>
<b>2/27</b> Strawberry Banana F.T. Sticks Sausage Link Seasonal Fresh Fruit	<b>2/28</b> Egg & Cheese Melt on English Muffin Chilled Fruit	<b>2/29</b> Baked Waffle Sticks w/ Syrup Sausage Link Seasonal Fresh Fruit		Offer versus Serve  Offer Four Take three

All Meals Served with Low-Fat or Fat-Free Milk.

Whole Grain Cereal Available Daily

Our foodservice facility prepares and serves some products which may contain ingredients identified as food allergens. For more information on food allergies,

Go to [www.besmart-eatsmart-livesmart.com](http://www.besmart-eatsmart-livesmart.com)